

Public Information Ichihara
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Translated by Ichihara International Association
Tel (23) 9826

Take part in Emergency Training!



In Ichihara, we will have an emergency training in 10 places in the city. On September 3rd (Sat.), evacuation site training is held in Ichihara Area. On September 4th (Sun.) Simulation Training (Practice what to do when an earthquake actually occurs) is held in 9 areas except Ichihara Area. Participate in training to act appropriately in case of emergency.

Evacuation site training (Ichihara Area)

Date, place,...See the list

Time 5:00p.m.~9:00p.m.

Program:

- (1) Making group (in gymnasium)
- (2) Explanation on how to live in evacuation site.etc.
- (3) Clear up of evacuation site (when closing , clear up and tidying up)

Simulation training (except Ichihara Area)

Date, Place....See the list

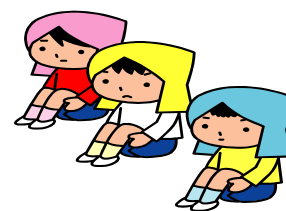
Time 8:30a.m.~noon

Simulation Training on Disaster radio will start from 8:40a.m. After you listen to the radio, please come to the designated place in your area. Program differs to each place.

Program:

- (1) Guide people to safe areas (the evacuation site)
- (2) Evacuation drill from the smoke

- (3) Practice to rescue (using tools around you)
- (4) First aid (stanching, fixation of broken bones etc.)



Talk with your family about:

- (1) the responsibilities of each family members
- (2) Emergency kit, first-aid kit etc.
- (3) How to contact other family members, places and routes to evacuate.

Date and place of emergency training

		Date	Area	place
Evacuation site training		September 3 rd (Sat.)	Ichihara	Ichihara Elementary School
Simulation training	Main site	September 4 th (Sun.)	Nanso	Ushiku Elementary School
	Local site		Anesaki	Anesaki High School
			Goi	Goi Elementary School
			Sanwa	Temporary evacuation site of each community and designated evacuation site
			Shizu	Urutsu Junior High School
			Tatsumidai	Designated evacuation sites except Tatsumidai junior high school
			Kamo	Toyama Elementary School
			Yushu	YushuNishi Elementary School
Chiharadai	ChiharadaiMinami junior High school			

- In the main site, Self-Defense Force and groups related to disaster prevention, citizens are gathering to perform the Grand joint emergency training

For further information: Call Disaster Prevention Division (Bosaika) Tel: 23-9823

Polio Vaccination

Date and Place: See the list below;

Date	Place	District
Sep. 1 (Thu)	Ichihara Municipal Health Center (Hoken Center)	Goi, Ichihara
Sep.5 (Mon)	Ichihara Municipal Health Center (Hoken Center)	Around Kokubunjidai, Sanwa
Sep 8 (Thu)	Ichihara Municipal Health Center (Hoken Center)	Goi
Sep 9(Fri)	Anessa	Anesaki, Yushu
Sep 13 (Tue)	Nanso Community Center	Nanso, Kamo
Sep 15 (Thu)	Chigusa Community Center SunHeart	Chigusa, Goinishi, Matsugashima
Sep 16 (Fri)	Chihara-Dai Community Center	Chiharadai, Shizu
Sep 20(Tue)	Tatsumi Community Center	Tatsumidai, Ichihara
Sep 22 (Thu)	Ichihara Municipal Health Center (Hoken Center)	Spare day

Hours: 1:20 p.m. – 2:10 p.m.

For: Infants and children who are 3 months to 90 months old.

How to take the vaccine: A live polio vaccine is given by mouth. The children should get the vaccine twice. The second vaccine should be taken at least within 41 days after the first one.

Charge: Free

Please see the list above and go directly to the place.

Notice:

- (1) Anyone with high fever or diarrhea is not allowed to get the dose.
- (2) Avoid taking any food and drink for 30 minutes after and before you get the dose.
- (3) Bring your Maternal and Child Health Handbook (*Boshi techo*) and a check-up sheet.

Maternity Dental Check-ups

Date and Time: September 14^h (Wed) 1:30p.m~3:00p.m.

Place: Ichihara Municipal Health Center (Hoken Center)

Content: The dental checkups of teeth and gums, instruction of brushing and cavity bacillus test.

Eligible: Pregnant women and nursing mothers (50 first applicants)

Charge: Free

How to apply: Call to 23-1199 Holidays 9:00a.m~4:00p.m

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